



Personal, Social and Health Economic Education Curriculum Intent Statement

At Maidensbridge Primary School, Personal, Social and Health Economic Education (PSHE) is a crucial aspect of our children's primary education and their personal development. We recognise the huge importance of teaching PSHE and the role that it has in supporting children to embrace school life and their future with confidence and become purposeful, responsible citizens of the community. We aim to equip children with the skills they require to accomplish this and thrive.

We are very aware that PSHE is more than a stand-alone subject - it is an extension of the ethos and values that the school has. PSHE runs through all aspects of school life at Maidensbridge and the mental health and wellbeing of all members of our community is hugely important to us. PSHE is therefore also addressed through our nurturing environment, daily school routines, school assemblies and the expectations we have with regards to behaviour.

The content of our PSHE curriculum provides appropriate subject knowledge, skills and understanding to fulfil the statutory requirements for Relationships and Health Education (RHE). The curriculum also links closely with safeguarding, Spiritual, Moral, Social and Cultural (SMSC) Education and British Values so that children have the depth and breadth within this area of the curriculum.

At Maidensbridge, we follow the Coram Life Education SCARF programme but is also covered in other areas of the curriculum especially in RE, Science and PE. SCARF stands for Safety, Caring, Achievement, Resilience and Friendship - representing the importance of these values for all children.

The scheme offers a whole-school approach to mental health, wellbeing, behaviour, resilience and achievement. The programme provides us with everything we need to meet the DfE Relationships Education and Health Education statutory requirements. SCARF's framework is mapped to the PSHE Association's Programme of Study. We therefore feel very confident when delivering this scheme of work as it is robust in both content and coverage. Teachers also make adaptations to suit the specific needs within the school and their classes.

The framework that SCARF uses is a spiral one; there are six main themes taught across the year (Me and My Relationships; Valuing Difference; Keeping Myself Safe; Rights and Responsibilities; Being My Best and Growing and Changing) and each academic year the learning in these areas broadens and deepens.

As well as following the SCARF scheme of learning, Maidenbridge endeavours to provide wider opportunities to support and enhance elements of the PSHE curriculum. Other areas of the curriculum and school life that continuously build children's attributes are: Forest school, cooking, playtimes, praise and celebration assemblies, sporting and academic competitions,

residential trips and recognising and supporting theme days and weeks such as NSPCC number day, World Kindness Day and Children's Mental Health Week.